

HEALTH AND SAFETY POLICY



The Midmar Men's Shed aims to:

A key objective, as described in the Midmar Men's Shed constitution, is to promote good health and wellbeing for its members through active participation and, from time to time, providing opportunities for relevant health organisations to raise awareness of good health strategies. This objective is extended to the local community when feasible.

To achieve this objective it is our policy to:

- To provide recreational facilities and organise recreational activities aimed particularly - though not exclusively - at men, with the aim of promoting their social inclusion and general improving of their conditions of life.
- Promote health awareness by arranging relevant presentations, first aid courses etc.
- Prevent accidents and cases of ill-health arising from Shed activities by managing the health and safety risks both in the Shed and for external work. Additional risk assessments shall be affected for new or modified activities and toolbox talks effected.
- Provide clear instructions and information, and adequate training, to ensure Shedders act in a safe manner and operate equipment correctly.
- Ensure Shedders engage and consult with each other on day-to-day health and safety conditions. Shedders individually are encouraged to raise any concerns regarding health and safety with a view to incident prevention.
- Maintain safe and healthy conditions, including equipment and machinery safety features.
- Ensure Personal Protective Equipment is used where appropriate (note the shed has limited PPE and it is up to the individual shedders to ensure they have and use the correct PPE).
- Ensuring emergency preparedness (to be detailed within any risk assessment and having access to next of kin details). Suitable trauma first aid kit to be available (held in the shed usually but shall be taken to where work is undertaken if external to shed).

Any incident or injury shall be recorded in the Accident Book and reported to the trustees for a lessons learnt investigation.

Review

This policy will be reviewed every at least every three years by the Shed Trustees and Committee

Approval

Approved by: Gordon Gauld (Chairman), 10-Dec-2024

Document version control

Version number	Change or update	Author or owner	Date	Comments
1.0	First version	C. Beetham	11-Dec-24	